## List of resources for MCB website

- MCB Student Slack: https://join.slack.com/t/umassmcb/signup
  - Students only
  - Use UMass email
- Support for Communities of Color
  - UMass Graduate Students of Color Association
    - https://umassamherst.campuslabs.com/engage/organization/gsca
  - Many professional organizations will have diversity/inclusion task forces you can get involved with
    - Example: American Society for Cell Biology: https://www.ascb.org/committee/minorities-affairs/
  - National resources information database for STEM students of color: <a href="https://docs.google.com/spreadsheets/d/1V\_pvhqWliwqLhAVcXikxAEuJPD4mwwgl9LEgOnzN-zM/htmlview">https://docs.google.com/spreadsheets/d/1V\_pvhqWliwqLhAVcXikxAEuJPD4mwwgl9LEgOnzN-zM/htmlview</a>
  - Women of Color Leadership Network (WOCLN): WOCLN
- Student Parents
  - UMass Amherst Graduate School "Traveling with Children" supplemental grants
    - Questions should be addressed to grant coordinator, Heidi Bauer-Clapp
    - https://www.umass.edu/ofr/
- International Services
  - The program provides support for women pursuing full-time graduate or postdoctoral study in the U.S. who are not U.S. citizens or permanent residents.
    - AAUW International Fellowship.
  - Health support for international communities:
    <a href="https://www.umass.edu/counseling/support-international-students">https://www.umass.edu/counseling/support-international-students</a>
- Disabilities Services
  - http://www.umass.edu/disability/
- LGTBQ+ Services
  - Stonewall Center contact: Genny Beemyn <stonewall@umass.edu>
  - UMass oSTEM (Out in STEM) Chapter
    - <u>UMass oSTEM Chapter</u>
    - UMass oSTEM Facebook
    - @UMassOSTEM (Twitter)
  - Biweekly Graduate Student Support Group
    - Queer-e newsletter through Stonewall Center emails updates there are support groups for every group under the umbrella in addition to this graduate specific group

- There are a few grad specific groups around, but they aren't very active at the moment
- National Organization of Gay and Lesbian Scientists and Technical Professionals
  - https://www.noglstp.org/
  - Also have scholarships you can apply for
- https://prideinstem.org/
  - Have links to other organizations as well
- Many professional organizations will have diversity/inclusion task forces that you can get involved with
  - Example: American Society for Cell Biology https://www.ascb.org/committee/lgbtq-task-force/
- Trans/queer faculty/staff support group:
  - https://www.umass.edu/newsoffice/article/trans-staff-and-faculty-group-forming
    - I'm contacting Genny Beemyn for more info
- Trans/queer/non-binary health services on-campus (see Health Services section): <a href="https://www.umass.edu/uhs/services/transhealth">https://www.umass.edu/uhs/services/transhealth</a>
  - Transgender nurse liaison Cindy Hildebrand, R.N., cdugan@uhs.umass.edu or call (413) 577-5040.
  - Transgender and Gender-Nonconforming Survivor Resources, Title IX Resources: <a href="https://www.umass.edu/titleix/resources/transgender-and-gender-nonconforming-survivor">https://www.umass.edu/titleix/resources/transgender-and-gender-nonconforming-survivor</a>
- This is an excellent resource for trans/non-binary individuals looking for various services in Western Mass: <a href="https://www.umass.edu/stonewall/resources/western-massachusetts-trans-resource-guide">https://www.umass.edu/stonewall/resources/western-massachusetts-trans-resource-guide</a>
  - UMass Trans FAQs Resource: https://www.umass.edu/stonewall/resources/umass-trans-resource-guide
- Information about changing name and gender marker at UMass (form included for changing gender marker):
  - https://www.umass.edu/registrar/sites/default/files/gender\_marker\_name\_change.pdf
    - Changing names on Spire: <a href="https://www.umass.edu/it/support/spire/names-spire">https://www.umass.edu/it/support/spire/names-spire</a>
- Women in STEM
  - Pioneer Valley Women in STEM
    - https://pioneervalleywomeninstem.wordpress.com/
    - @PVWIS (Twitter)
  - Graduate Women in Science
    - https://www.gwis.org/
    - @GWISci (Twitter)
  - American Association of University Women (<a href="https://www.aauw.org/">https://www.aauw.org/</a>)
  - Center for Women and Community: https://www.umass.edu/cwc/
  - Women of Color Leadership Network (WOCLN): https://www.umass.edu/cwc/wocln
- Life in Academia
  - o ..
  - o ..

#### Work-Life balance

- How to prioritize/Eisenhower Decision Matrix: https://www.mindtools.com/pages/article/newHTE 91.htm
- 0 ..

## Outreach Programs

- Public Engagement Project <a href="https://www.umass.edu/pep/">https://www.umass.edu/pep/</a>
- o Eureka! https://www.cns.umass.edu/outreach/eureka-umass-amherst
- That's Life [Science] <a href="http://thatslifesci.com/">http://thatslifesci.com/</a>
- Skype a Scientist <a href="https://www.skypeascientist.com/">https://www.skypeascientist.com/</a>
- Life Science Cafe https://oebsciencecafe.org

#### Careers

- Looking for a job in academia?
  - https://www.higheredjobs.com/
  - https://www.academickeys.com/
  - https://www.chronicle.com/
  - https://www.hercjobs.org/
- Science Policy
  - Postdoc fellowship: <a href="https://www.aaas.org/programs/science-technology-policy-fellowships">https://www.aaas.org/programs/science-technology-policy-fellowships</a>
  - <a href="https://blogs.plos.org/thestudentblog/2018/04/03/how-to-make-an-impact-in-science-policy-as-a-graduate-student/">https://blogs.plos.org/thestudentblog/2018/04/03/how-to-make-an-impact-in-science-policy-as-a-graduate-student/</a>
- Industry
- Exploring non-academic career opportunities
  - Umassaltac.slack.com: Organization organized and run by UMass graduate students which explores non-academic career trajectories

#### Health Services

- University Health Services: <a href="https://www.umass.edu/uhs/accesstocare">https://www.umass.edu/uhs/accesstocare</a>
  - FAQs: https://www.umass.edu/uhs/accesstocare/fags
  - UHS Services: <a href="https://www.umass.edu/uhs/services">https://www.umass.edu/uhs/services</a>
- Mental health support
  - https://www.umass.edu/counseling/
- Trans health at UMass: https://www.umass.edu/uhs/services/transhealth
  - Point of Pride, Annual Transgender Surgery Fund: https://pointofpride.org/annual-transgender-surgery-fund/
  - Gender-confirming surgery fundraising: https://jimcollinsfoundation.org/
- Sexual Assault Services: https://www.umass.edu/cwc/sexual-assault-services
- o Rape Crisis Services Program: <a href="https://www.umass.edu/cwc/">https://www.umass.edu/cwc/</a>
- Health support for international communities:
  <a href="https://www.umass.edu/counseling/support-international-students">https://www.umass.edu/counseling/support-international-students</a>
- o Title IX Resources:

- UMass resources: <a href="http://www.umass.edu/titleix/title-ix-campus-resources">http://www.umass.edu/titleix/title-ix-campus-resources</a>
- Know Your IX: <a href="https://www.knowyourix.org/college-resources/title-ix/">https://www.knowyourix.org/college-resources/title-ix/</a>
- Dept. of Education Title IX Resources: <a href="https://www2.ed.gov/about/offices/list/ocr/docs/dcl-title-ix-coordinators-guide-201504.pdf">https://www2.ed.gov/about/offices/list/ocr/docs/dcl-title-ix-coordinators-guide-201504.pdf</a>
- https://www2.ed.gov/about/offices/list/ocr/docs/tix\_dis.html

# Drop-In Survivor's Group

- Thursdays, October 10—December 13, 2019
- This is a judgement free, safe space for survivors of sexual violence to drop in and share what's on their mind. Facilitators will discuss coping skills and issues common to all survivors such as trust, boundaries and triggers. Drop-in for a cup of tea and supportive company. Free and confidential. Open to all community members from UMass Amherst and the Five Colleges.
- Call 413-545-0883 for more information and details

### TAing

- CNS TA Mentoring Support
  - Pilot program implemented by Dr. Jennifer McDermott (PBS), Director of Diversity and Inclusion for Grad Students and Postdocs in CNS.
  - Mentors:
    - Korin Albert (MCB, <u>korinalbert@umass.edu</u>): Lab organization and instruction, team-based learning, grading/evaluating student progress
    - Elvan Cavac (Chemistry, <a href="mailto:ecavac@umass.edu">ecavac@umass.edu</a>): lab format courses, one-on-one tutoring, creative and interactive teaching
    - Tori Day (Math and Statistics, <u>day@math.umass.edu</u>): Courses for which you are instructor of record, developing course materials, lesson planning, integrating group work into course, using Moodle, LGBTQIA+ inclusion in the classroom
    - Laura Hancock (OEB, <a href="mailto:lhancock@umass.edu">lhancock@umass.edu</a>): discussions/lab courses, group projects and dynamics, effective communication, lesson planning
    - Billy Wolfe (Food Sciences, <u>wwolfe@umass.edu</u>): lab format courses, lesson planning for lab, advising student, demonstrations in lab, coordinating group work.

## Funding Opportunities

- UMass Amherst Graduate School Funding Opportunities:
  - https://www.umass.edu/graduate/funding/internal-funding
- LGBTQ+ specific funding:
  - https://www.stonewallfoundation.org/scholarships
  - https://www.noglstp.org/programs-projects/scholarships/
  - International Trans Fund: https://www.transfund.org/about-us/what-we-do/

- Women specific funding:
  - https://www.gwis.org/page/fellowship\_program
  - https://www.aauw.org/what-we-do/educational-funding-and-awards/american-fellowships
- Check with different professional organizations, they may have fellowships/grants you can apply for outside of travel
  - Example: https://www.sdbonline.org/sdb\_emerging\_research\_organisms\_grant
- Religious and Spiritual Life
  - UMass Religious and Spiritual resources: <a href="https://www.umass.edu/orsl/resources">https://www.umass.edu/orsl/resources</a>
  - Local houses of worship: <a href="https://www.umass.edu/orsl/resources/worship">https://www.umass.edu/orsl/resources/worship</a>
  - o UMass Amherst Meditation Group Mailing List: Subscribe